

Campus Resources

Confidential Resources:

To the greatest extent possible, consistent with law, the College District shall respect the privacy of the complainant or the respondent or a person who makes a report or serves as a witness. Limited disclosures may be necessary to carry out the purposes of the investigation and associated policies/regulations and to comply with applicable law.

A “confidential employee” is a person who holds a professional license requiring confidentiality, such as a counselor or medical provider, who is supervised by such a person, or a person who is a nonprofessional counselor or advocate designated in administrative procedures as a confidential source.

Laredo College Confidential Resources

Counseling Services

Ms. Jennifer Chapa
Counselor
Student Health Services and
Wellness
College of Health Sciences Room B306
956-721-5151
jennifer.chapa@laredo.edu

Student Health Services

Ms. Cynthia Diaz, MSN, RN
Director, Student Health Services
and Wellness
Kazen Student Center Room #132
956-721-5151
cynthia.diaz@laredo.edu



Laredo College Title IX Team

Raquel A. Peña, Title IX Coordinator
956-794-4988
rapena@laredo.edu

Veronica Cardenas, Title IX Coordinator for Employees
956-721-5138
veronica.cardenas@laredo.edu

Araceli Lozano, Deputy Title IX Coordinator
(for complaints involving faculty and staff)
956-764-5432
araceli.lozano@laredo.edu

Veronica Garcia, Title IX Deputy Coordinator
956-721-5185
veronica.garcia@laredo.edu



Emergency Resources

Laredo College
Campus Shield Mobile App
Click [Here](#) for Campus Shield
Set Up and Instruction Guide

Laredo College
Campus Police
956-794-4444 (Emergency)
956-764-5900 (Non-Emergency)
lcpolice@laredo.edu

Laredo Police Department
911 or 956-795-2800
www.laredopd.com



Community Resources

You have the option of contacting local community agencies for support, which may or may not have the same obligation as the college to report or investigate incidents.

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Medical Resources

Laredo Medical Center
911 or 956-796-3888 Emergency Department
956-796-5000 Main
www.laredomedical.com



Doctor's Hospital
911 or 956-523-3000 Emergency Department
956-523-2000 Main
www.doctorshosplaredo.com



Border Region MHMR
956-794-3000
1-833-463-0258 (Main Center Toll Free)
www.borderregion.org



Serving Children and Adults in Need (SCAN)
(956) 724-3177
<http://www.scan-inc.org/>



Gateway Community Health Center
Behavioral Health Services
(956) 795-8100

<http://gatewaychc.com/behavioral-health/>



City of Laredo Health Department
(956) 795-4900

<https://www.cityoflaredo.com/departments/health-department>



PILLAR
(956) 723-7457

<https://pillarstrong.org/>



Methodist Ministries of Laredo
Community Counselor
(956) 206-0587

Texas A & M International University (TAMIU)
Community Stress Center
(956) 326-3120



Mercy Ministries of Laredo
(956) 718-6810

<https://www.mercy.net/practice/mercy-ministries-of-laredo/>

24-hour services

Border Region MHMR
Crisis Hotline
1-800-643-1102

National Suicide Prevention Hotline
1-800-273-TALK (8255)

Bullying
1-800-420-1479

Domestic Violence
1-800-799-SAFE (7233)

Eating Disorders
1-630-577-1330

Sexual Assault
1-800-656-4673

Self-harm/Self-injury
1-800-366-8288

Substance Use
1-877-726-4727

Grief Support
1-650-321-5272

Crisis Text Line
Text HOME to 741741